## No.CD-14040/02/2020-Coord Government of India Ministry of Road Transport &Highways (Coordination Section) Transport Bhawan, 1, Sansad Marg, New Delhi-110001

Dated 18th March, 2020

#### OFFICE MEMORANDUM

# Subject: Contain the spread of Novel Coronavirus (COVID-19) - Preventive measures.

The undersigned is directed to forward herewith a copy each of following communications, on the above subject, for information and ensuring appropriate action:

- (i) Ministry of Health and Family Welfare (Department of Health and Family Welfare)'s D.O. No.Z-21020/14/2020-PH, dated 17.03.2020;
- (ii) Ministry of Personnel, Public Grievances and Pensions (Department of Personnel and Training)'s O.M. No.11013/9/2014-Estt.A.III, dated 17.03.2020.

Encl.: as above.

(Anil Sharma) Under Secretary to the Government of India

То

- (i) Chairman, NHAI;
- (ii) MD, NHIDCL;
- (iii) Director, IAHE;
- (iv) Secretary General, IRC;
- (v) All Officers / Officials of MoRTH;
- (vi) All CE-RO/RO/ELO of MoRTH.

CC To: NIC Cell - for uploading on e-office.

# F.No.11013/9/2014-Estt.A.III Government of India Ministry of Personnel, Public Grievances and Pensions (Department of Personnel and Training)

North Block, New Delhi Dated: 16/03/2020  $\widehat{(\mathcal{F}^{15})}$ 

#### OFFICE MEMORANDUM

### Subject: Preventive measures to be taken to contain the spread of Novel Coronavirus (COVID-19) – regarding.

In order to contain the spread of Novel Coronavirus (COVID-19), some precautionary measures are required to be taken by all the employees and the Ministries/Departments. In this regard, it has been decided to issue the following advisory for the well-being of Government employees and in public interest.

2. All the Ministries/Departments are advised to take all necessary measures such as :-

- (i) Install thermal scanners at the entry of Government buildings, as feasible. Mandatory placing of hand sanitizers at the entry of Government buildings. Those found having flu-like symptoms may be advised to take proper treatment/quarantine etc.
- (ii) Discourage, to the maximum extent, entry of visitors in the office complex. Routine issue of visitors/temporary passes should be suspended with immediate effect. Only those visitors whom have proper permission of the officer who they want to meet, should be allowed after being properly screened.
- (iii) Meetings, as far as feasible, should be done through video conferencing. To minimize or reschedule meetings involving large number of people unless necessary.
- (iv) Avoid non-essential official travel.
- (v) Undertake essential correspondence on official email and avoid sending files and documents to other offices, to the extent possible.
- (vi) Facilitate delivery and receipt of dak at the entry point itself of the office building, as far as practicable.
- (vii) Close all gyms/recreation centres/creches located in Government buildings.
- (viii) Ensure proper cleaning and frequent sanitization of the workplace, particularly of the frequently touched surfaces.

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- (ix) Ensure regular supply of hand sanitisers, soap and running water in the washrooms.
- (x) All officials may be advised to take care of their own health and look out for respiratory symptoms/fever and, if feeling unwell, should leave the workplace immediately after informing their reporting officers. They should observe home-quarantine as per the guidelines issued by MoH&FW, Government of India available at the following URL: mohfw.gov.in/DraftGuidelinesforhomequarantine.pdf.
- (xi) The leave sanctioning authorities are advised to sanction leave whenever any request is made for self-quarantine as a precautionary measure.
- (xii) Advise all employees who are at higher risk i.e. older employees, pregnant employees and employees who have underlying medical conditions, to take extra precautions. The Ministries/Departments may take care not to expose such employees to any front-line work requiring direct contact with the public.
- An indicative list of Do's and Don'ts is also annexed for wide dissemination.

Encl: As above

3 2020

(Umesh Kumar Bhatia) Deputy Secretary to the Govt. of India

To,

3.

- 1. All the Ministries/Departments, Government of India
- 2. PMO/Cabinet Secretariat
- 3. PS to Hon'ble MOS(PP)
- 4. PSO to Secretary(Personnel)
- 5. Sr. Tech. Dir., NIC, DoP&T

For Information

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- To maintain personal hygiene and physical distancing.
- To practice frequent hand washing. Wash hands with soap and water or use alcohol-based hand rub. Wash hands even if they are visibly clean.
- To cover your nose and mouth with handkerchief/tissue while sneezing and coughing.
- To throw used tissues into closed bins immediately after use.
- To maintain a safe distance from persons during interaction, especially with those having flu-like symptoms.
- To sneeze in the inner side of your elbow and not to cough into the palms of your hands.
- To take their temperature regularly and check for respiratory symptoms.
  To see a doctor if you feel unwell (fever, difficulty in breathing and coughing). While visiting doctor, wear a mask/cloth to cover your mouth and nose.
- For any fever/flu-like signs/symptoms, please call State helpline number. or the 24x7 helpline number of the Ministry of Health & Family Welfare at 011-23978046.

#### <u>Don'ts</u>

- Shake hands.
- Have a close contact with anyone, if you're experiencing cough and fever.
- Touch your eyes, nose and mouth.
- Sneeze or cough into palms of your hands.
- Spit in Public.
- Travel unnecessarily, particularly to any affected region.
- Participate in large gatherings, including sitting in groups at canteens.
- Visit gyms, clubs and crowded places etc.
- Spread rumours or panic.



प्रीति सूदन, आईएएस <sup>सचिव</sup> PREETI SUDAN, IAS

Secretary

सत्यमेव जयते Olo Secretary, MoRTH Diary No. 138.2514

भारत सरकार स्वास्थ्य एवं परिवार कल्याण विभाग स्वास्थ्य एवं परिवार कल्याण मंत्रालय Government of India Department of Health and Family Welfare Ministry of Health and Family Welfare

> D.O.No.Z-21020/14/2020-PH 17-3-2020

Dear Colleagues,

A number of measures have been taken both by Govt of India and by the States to contain nCoronavirus/COVID-19. These include dissemination of Do's & Don'ts, guidelines on wearing of masks, action on various travel advisories, implementation of protocols on surveillance, prevention of hospital infection, discharge policy, clinical management, etc. Kindly visit our website https://mohfw.gov.in for details.

Extensive consultations have been held with public health experts who have suggested to focus on social distancing measures as a preventive strategy to contain transmission of Covid-19. It was brought out that implementation of social distancing measures would have a major impact in limiting the spread and will also provide us with time to strengthen our response framework.

Accordingly, advisory/guidelines are drawn up for further action. While implementing these measures, it is important to educate the community so as to ensure their cooperation and avoid any panic. It is reiterated that these are preventive measures so as to lessen the impact of COVID-19 in the country and are temporary.

I shall be grateful if the enclosed advisory/guidelines are implemented as applicable to your particular Ministry/Department and organizations under you. You may also like to issue your own orders/advisory in this regard. Please direct States implement these effectively.

With collective effort, we will succeed in containing Covid-19.

Won reports Yours sincerely, (Preeti Sudan) Secretaries to GoI of all Ministries/Departments Div (co-on) by Civint Encl.: as above 7/3/2020 US(Confe)

# Advisory on Social Distancing Measure in view of spread of COVID-19 disease

Social distancing is a non-pharmaceutical infection prevention and control intervention implemented to avoid/decrease contact between those who are infected with a disease causing pathogen and those who are not, so as to stop or slow down the rate and extent of disease transmission in a community. This eventually leads to decrease in spread, morbidity and mortality due to the disease.

In addition to the proposed interventions, the State/UT Governments may prescribe such other measures as they consider necessary.

All these proposed interventions shall be in force till 31<sup>st</sup> of March, 2020. They will be reviewed as per the evolving situation.

# The following interventions are proposed:

- 1. Closure of all educational establishments (schools, universities etc), gyms, museums, cultural and social centres, swimming pools and theatres. Students should be advised to stay at home. Online education to be promoted.
- 2. Possibility of postponing exams may be explored. Ongoing exams to be conducted only after ensuring physical distance of one meter amongst students.
- 3. Encourage private sector organizations/employers to allow employees to work from home wherever feasible.
- 4. Meetings, as far as feasible, shall be done through video conferences. Minimize or reschedule meetings involving large number of people unless necessary.
- 5. Restaurants to ensure handwashing protocol and proper cleanliness of frequently touched surfaces. Ensure physical distancing (minimum lmetre) between tables; encourage open air seating where practical with adequate distancing.
- 6. Keep already planned weddings to a limited gathering, postpone all non-essential social and cultural gatherings.
- 7. Local authorities to have a dialogue with organizers of sporting events and competitions involving large gatherings and they may be advised to postpone such events.
- 8. Local authorities to have a dialogue with opinion leaders and religious leaders to regulate mass gatherings and should ensure no overcrowding/at least one metre distance between people.

- 9. Local authorities to have meeting with traders associations and other stakeholders to regulate hours, exhibit Do's and Don'ts and take up a communication drive in market places like sabzi mandi, anaj mandi, bus depots, railway stations, post-offices etc., where essential services are provided.
- 10. All commercial activities must keep a distance of one meter between customers. Measures to reduce peak hour crowding in markets.
- 11. Non-essential travel should be avoided. Buses, Trains and aeroplanes to maximize social distancing in public transport besides ensuring regular and proper disinfection of surfaces.
- 12. Hospitals to follow necessary protocol related with COVID-19 management as prescribed and restrict family/friends/children visiting patients in hospitals.
- 13. Hygiene and physical distancing has to be maintained. Shaking hands and hugging as a matter of greeting to be avoided.
- 14. Special protective measures for delivery men/ women working in online ordering services.
- 15. Keep communities informed consistently and constantly.

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Ministry of Health & Family Welfare